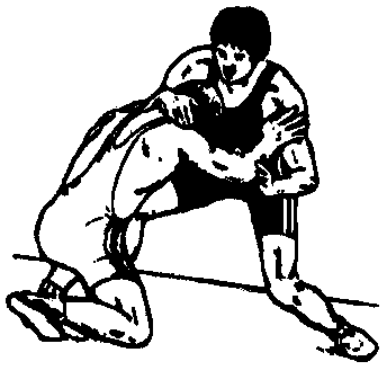
Big Foot Wrestling Club
Grades K-8

Come join in the excitement of wrestling. Learn the basics of wrestling, balance, flexibility, coordination, and even nutrition. Compete against children your age and skill level. All levels, from beginner to experienced are encouraged to participate.



****Mandatory Sign-Up / Parent Meeting****
Tuesday, November 17th, 2026 at 6:30 pm
Multipurpose Room/Commons at Big Foot High School

Fee: **$75/child** (includes USA Card, insurance, t-shirt and end of season party)
(financial assistance available upon request)

Season: **Begins Wednesday, December 2nd, 2026**

Practice: **Monday & Wednesday evenings**
K-4 and inexperienced wrestlers = 5:45 – 6:45 pm
5-7 and experienced wrestlers = 6:30 – 8:00 pm

For questions or additional information, please contact Jake Ries at (262) 325-0702.

Special coaching appearances by Big Foot High School Boys Head Coach Tyler Heck, Big Foot High School Girls Head Coach Will Utesch and their High School Wrestlers will be made throughout the season.