



Try your hand at painting just  
like this in our *Beginning*  
*Watercolor* class, see pg 12

# Activity Guide

Fall 2024

Register Online at  
[www.bigfootrecreation.org](http://www.bigfootrecreation.org)

Providing Recreation  
& Enrichment for  
the Residents of  
Walworth, Sharon,  
Fontana, Linn &  
Delavan Township





## It's "Fest" Season!

As you know, in our community summer is "crazy time." Our lake-area population swells to triple in size where every out-of-towner wants to experience what we have the luxury of living every day. It's also a busy time for Big Foot Rec, and while I enjoy the excitement and hustle-and-bustle that occurs every summer, I quietly rejoice when Labor Day rolls in and signals that it's time for the pace and franticness to subside.

Obviously, fall in our Big Foot community is STILL action packed... but it's different. It feels a little calmer, and it gives us a chance to regroup, and our community an opportunity to reconnect with itself.

Chuck Thiesenhusen  
Recreation Director  
cathiesenhusen  
@bigfoot.k12.wi.us

Starting with the Walworth County Fair, there is every "fest" imaginable that virtually fills every weekend from now through Christmas. The great food and gatherings make it a fun part of the year and it's an important part of what makes our community special.

Of course, here at Big Foot Rec, we've put together a wonderful lineup of fall activities for you and your family. We have a number of new programs that I think you'll like... some you may have never heard of before (check out Kintsugi on page 11). We also have our popular classes that everyone enjoys. Regardless of your interests, we probably have something in these pages for you and your family.

Have a great fall, and I hope to see you at the next recreation program or fest!



Dean Connley  
Program Coordinator  
dconnley@bigfoot.k12.wi.us



Lynette Vyhnanek  
Program Coordinator  
lvyhnanek@bigfoot.k12.wi.us



Vicky Hinchey  
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**OFFICE HOURS**  
Monday - Friday 8:00 AM - 4:00 PM  
Big Foot High School (Fitness Center Entrance)  
401 Devils Ln/PO Box 99  
Walworth, WI 53184  
www.bigfootrecreation.org  
(262) 275-2117

## Recreation Advisory Committee

Each advisory member represents a village/township within the Big Foot High School District boundaries. Representatives bring diverse interests for the development and improvement of recreational opportunities.

The advisory board representatives' terms expire on a rotating basis, so we're always looking for new energetic people. If you're interested in becoming a member please contact Chuck Thiesenhusen.

- Chuck Thiesenhusen, Director..... (262) 275-2117
- Frank Breneisen ..... Village of Fontana
- John Palmer..... Linn Township
- Rich Rasmussen ..... Walworth Township
- Annie Isham ..... Walworth Township
- Vacancy ..... Village of Sharon
- Margaret Labus ..... BF School Board Representative

## Scholarships

We are a great source for quality, inexpensive programs, many are free or virtually free. We have scholarships available to BFHS district residents to help offset program fees. Please do not hesitate to contact us if you have a scholarship need. Limited rules and restrictions apply.



## ADA Statement

Big Foot Recreation District will comply with the Americans with Disabilities Act (ADA), which prohibits discrimination on the basis of disability. We will make reasonable accommodations to the facilities & services to enable participation by individuals with disabilities. For accommodations, please advise our staff at least 72 hours prior to a public meeting and one week prior to a program.

## Become a contract

# INSTRUCTOR

ART | MUSIC | FITNESS | COOKING  
CRAFTS | SPECIAL INTERESTS

Do you have a special skill or talent  
you are willing to share with others?

Become a contracted instructor with Big Foot Recreation District. Contact us at 262-275-2117.

# TOUCH A TRUCK

Don't miss this chance to see and get hands on experience with fire trucks, police cars, farm tractors and more!

**SEPT 14**  
**10 AM-NOON**

@BFHS



**DID YOU KNOW? >>>>** FREE  
CAR  
SEAT  
CHECKS

**3** out of **4** car seats are installed incorrectly?  
**MAKE SURE YOURS ISN'T ONE OF THEM**

- Car seats checked for proper installation.
- Help with understanding Wisconsin car seat laws.
- Learn about safest practices.
- Get help with know if your child is in the right seat.

Car seats maybe available to those are eligible at no charge.  
Schedule an appointment to determine eligibility.

**Get your car seat checked at Touch-A-Truck!**  
Appointments encouraged, walk-ins accepted. Visit  
<https://bit.ly/BigFootSeatCheck> or call 262-741-3200 to schedule.

***Sponsor this program!***

Put your company's name and logo on all of our marketing avenues. Contact us at 262-275-2117 to find out how.



The Big Foot Community Fine Arts Foundation presents their 2024-2025 Season!



**Blooze Brothers**  
October 5  
7:00 PM



**One Night in Memphis**  
November 23  
7:00 PM



**Ring of Kerry**  
March 15  
7:00 PM



**Take 3**  
April 25  
7:00 PM



**Lake Geneva Symphony Orchestra**  
May 17  
7:30 PM

**Tickets on sale now!**

Tickets are available at [www.bigfootfinearts.org](http://www.bigfootfinearts.org) or the recreation office at (262) 275-2117



@BigFootFineArts



bigfootfinearts



# Halloween Fun

## Friendly Monster Making

Ages 8+

Make and create your very own pet monster. You'll begin by designing your monster on paper. Once designed you will be cutting fabric to make your monster come to life! Crafters will learn basic stitching skills while they create their one of a kind friendly monster. Min/Max: 6/16

Instructor: Lynette Vyhnanek  
Location: BFHS Room E33  
Day: Wednesdays  
Dates: October 16 - 30  
Time: 5:00 - 5:45 PM  
Fee: \$35/person



Bring your monster to life!

## Fontana Fall Fun Fest

Get in the Halloween spirit with this annual fundraiser that is fun for the whole family. Come in costume for tons of games, bouncy houses, raffles, silent auctions & dinner. This event is free to attend. Food, games and activities require the purchase of tickets at the door.

Location: Fontana Elementary  
Date: Thursday, October 24  
Time: 5:00 - 7:30 PM  
Fee: FREE (must purchase tickets for food & games)

## Pumpkin Carving at Pearce's

Grab your family and join us at Pearce's Farm Stand for our Fourteenth Annual Spooktacular Jack-O-Lantern Fest. We'll supply the pumpkins and the carving utensils. Soak in the fall atmosphere while you carve your pumpkins. Stay for the corn maze, plus hot cider and their famous Apple Cider Donuts.

Location: Pearce's Farms, W5740 N. Walworth Rd  
Meet under the pavilion  
Date: Saturday, October 19  
Time: 10:00 AM - 11:30 AM  
Fee: \$15/pumpkin

## NEW! Mommy & Me Glow-in-the-Dark Bath Bombs

Ages 7+

Moms, grab the kids and make these fun bath bombs with us, just in time for Halloween fun in the tub!

Instructor: Vicky Hinchey  
Location: BFHS Room E33  
Date: Tuesday, October 22  
Time: 5:00 - 6:00 PM  
Fee: \$25/family



## Trunk or Treat

Bring your lil' goblins for a safe way to trick or treat! Local businesses and schools will participate for this community trunk or treat event. Vote for the best trunk, and they'll win an award! Wanna decorate a trunk? Contact Walworth Elementary at [parentsclubwalworthj1@gmail.com](mailto:parentsclubwalworthj1@gmail.com)

Location: BFHS East Parking Lot  
Date: Saturday, October 26  
Time: 4:00 - 6:00 PM  
Fee: FREE

## NEW! DIY Halloween Tombstones

Adult

Start with a piece of foam and end with a spooky Halloween decoration you can display in your yard! In this hands-on workshop you will be using dremmel tools, sanders and heat guns to shape your tombstones. You will then use painting and weathering techniques to give them each a haunted look! Min/Max: 4/10

Instructor: Dean Connley  
Location: BFHS Room E33  
Date: Mon, Sept 16 - Oct 7  
Time: 6:00 - 7:00 PM  
Fee: \$45/person



## NEW! Build-A-Turkey Stuffed Animal

## NEW! Festive Thanksgiving Dishes

Adult

Watch your child's eyes light up as you help them bring their turkey to life. Each child will receive a kit that includes the turkey, a wishing star, birth certificate, stuffing, and a bag to bring them home in! **Registration Deadline is November 3rd.** Min/Max: 6/18

Make gourmet versions of Thanksgiving favorites in this engaging cooking class. We will teach techniques for creating a turkey that's juicy and tender no matter how you cook it. You'll whip up festive side dishes as well. Min/Max: 10/25

Instructor: Lynette Vyhnanek  
Location: BFHS Room E33  
Date: Wednesday, November 13  
Time: 5:00 - 5:45 PM  
Fee: \$25/kit

Instructor: Wes Slawson (BFHS Culinary Teacher)  
Location: BFHS Room E35  
Date: October 29 & 30  
Time: 6:00 - 8:00 PM  
Fee: \$55/person



Registration deadline is one week prior to class unless noted. After this date, a \$5.00 late fee will be charged.

## Thanksgiving Serving Platters Ages 15+

This workshop will provide you with the tools you need to create your very own Serving Platter for Thanksgiving!

Min/Max: 6/12

Instructor: Marie Medic

Location: BFHS Room E32

Day: Wednesdays

Dates: Oct 30 & Nov 6 (pick up on Nov 13)

Time: 5:00 - 7:00 PM

Fee: \$40/person



## It's Back! A Christmas Carol at The Goodman Theatre

Chicago's Favorite Holiday Tradition

There's no better way to get into the holiday spirit than experiencing the joy of this beloved production at the Goodman Theatre in Chicago! We'll be taking the train from Harvard, have lunch at The Berghoff, followed by a 2 pm show at the Goodman Theatre. Min/Max: 5/20. **Registration deadline is Nov 4.**

Guide: Frank Breneisen

Date: Wednesday, Dec 18

Departing: 9:00 AM at the Harvard Station

Returning: 6:00 PM

Fee: \$120 (Includes play & train)  
Bring cash for lunch and taxi

## Pizza with Santa

Build your own 7 inch pizza! Pizzas are cooked and delivered back to your table for you to enjoy with Santa and his Elves.

There will also be games and cookie decorating. Don't forget to take a photo with Santa!

Hosted by: Big Foot FFA

Location: Big Foot High School Cafeteria

Date: Friday, Dec 6

Time: 4:30 - 7:00 PM

Fee: \$6 per pizza, pay at the door

# Seasonal Sensations



## Grown-Up & Me Cookie Decorating

Ages 7+

Partner up with a grown up to make fun Christmas themed cookies. You will learn decorating techniques such as outlining, flooding, piping, and wet-on-wet techniques. Royal icing will be made in advance. Each set includes 4 cookies.

Min/Max: 6/16

**\*Registration Deadline is Nov 30**

Instructor: Kim Abell, Owner  
Kim's Custom Treats

Location: BFHS E36

Date: Saturday, December 7

Time: 9:00 - 11:00 AM

Fee: \$45/set



## Holiday Ornament Workshop Ages 8+

This workshop will provide you with the tools you need to create your very own handmade ornament for the holidays! Make your own Pinterest worthy creation you can give as a gift this holiday season. Adult class includes 12 lbs of clay. Min/Max: 6/12

Instructor: Marie Medic

Location: BFHS Room E32

Day: Wednesdays

Dates: Dec 4 & 11  
(pick up on Dec 18)

Time: 5:00 - 7:00 PM

Fee: \$40/person



## Gingerbread House Creations

Keep the mess out of the house! We provide LARGE homemade gingerbread houses, frosting, candy canes, gumdrops... all the fixings to create a beautiful house that will be sure to be a centerpiece at your house this holiday season. Want more to decorate? Add on a gingerbread man to your house. These are large enough to add all the fixings to. Min/Max: 4/20

**Registration deadline is December 3rd.**

Location: BFHS

Date: Saturday, Dec 14

Time: 12:00 - 1:30 PM

Fee: \$40 per House,  
+ \$10 per 6" Gingerbread Man

## Noon Year's Eve Party Family Friendly

Grab the family and celebrate the NOON YEAR! Music, dancing, and fun for ALL Ages! Over 1,000 balloons will drop from the ceiling at noon. Full bar, loaded hot cocoa, and sparkling cider will be available for purchase.

Min/Max: 20/185

Location: The Treasury, Delavan

Day/Date: Tuesday, December 31

Time: 11:00 AM - 1:00 PM

Fee: \$10/person in advance  
\$15/person at the door

Advance purchased tickets are available until December 27. Everyone must have a ticket to enter.

# Early EDUCATION

## NEW! Tiny Tot Arts & Crafts Ages 2-5

Do you have a creative little one at home? Now they can make a new craft every week! We will explore with paint, molding clay, glue, and so much more! Keep the mess out of the house and join us. Parents are encouraged to join in.

Instructor: Lynette Vyhnanek  
Location: BFHS Studio Room  
Days: Wednesdays  
Dates: Nov 6 - 20  
Time: 10:00 - 11:00 AM  
Fee: \$25/child

## Brownie Scout Troop #8105

Troop #8105 is a Brownie Girl Scout Troop for girls entering Second Grade for the 2024- 2025 school year. Meetings are held every other Wednesday starting October 2nd from 6-7 PM.

Troop Co-Leader: Lynette Vyhnanek  
Email: gstroop8105@gmail.com

## Cub Scout Pack #237

Cub Scout Pack #237 provides ready-made opportunities for your family to have fun experiences together.

Cub Scouts is for boys and girls entering grades K-5. Contact to join at any time!

Cub Scout Master: Joe Vyhnanek  
Email: wbcubscoutpack237@gmail.com



## Start Smart Sports Development Ages 2-4

Start Smart is a national program offered through the National Alliance for Youth Sports. This introductory sports program prepares kids for organized sports. Parents work with their child, the instructor, and other kids in a fun, non-threatening environment to learn the basic skills of throwing, catching, kicking and batting. Parents and children should dress ready to play! Min/Max: 4/8

Instructor: Lynette Vyhnanek  
Location: BFHS Main Gym  
Day: Thursdays  
Dates: Oct 3 - 24  
Time: 4:00 - 4:45 PM  
Fee: \$40/child



## Youth Soccer Camp Ages 4-6

Our instructors focus on the basic fundamentals of soccer emphasizing the rules, basic moves, elementary and fun-filled drills. Min/Max: 10/20

Instructor: Keith Blakeman & BFHS Soccer Players  
Location: BFHS Soccer Field  
Day/Dates: Wednesdays, Sept 18 - Oct 16  
Time: 5:00 - 6:00 PM  
6 Fee: \$45

## Kids Nature Hike & Craft Ages 6+

Lace up your hiking boots and join us for a fun hike through Kishwaukee! Stop by the pavilion after the hike to create a fun craft. Dress for the weather! Min/Max: 4/10

Location: Kishwaukee Nature Conservancy  
Fee: \$10/child  
Time: 4:00 - 5:00 PM  
Date: Craft  
Sept 19 Pinecone Bird Feeder  
Oct 23 Yarn Mummies

## Creative Chefs All Ages

Make easy recipes with Lynette! A great way to get out of the house and have fun with kids. Children under 7 must have a parent present. Min/Max: 6/20

Instructor: Lynette Vyhnanek  
Location: BFHS Room E35  
Date: Saturday, Nov 9  
Time: 10:00 - 11:30 AM  
Fee: \$25/serving

# youth SPORTS

## NEW! Co-Ed Flag Football Grades K-5

We're joining the Quad County League! This officiated league will play Delavan, Elkhorn, Whitewater, Milton and others. Grades K-1 will be a skills and drills only club that practices once a week on Wednesdays. Grades 2-5 will be divided into teams. Practice will be on Wednesdays and traveling games will be played on Saturdays starting in Mid-September. **Registration Deadline Aug 16.** Min/Max: 12/24

Instructor: Joe Vyhnanek  
Location: BFHS Football Fields  
Practice Time: Wednesdays, 6:00 - 7:00 PM  
Games (Gr. 2-5 only): Saturdays, Time TBD

Grade	Dates	Fee
K & 1	August 21 - September 25	\$40
2 & 3	August 21 - Mid October	\$50
4 & 5	August 21 - Mid October	\$50

## Nerf Battle Grades 1-8

Lock and load! Child MUST have eye protection to participate. Bring your own Nerf guns, we'll provide the "ammo."

Location: BFHS Upper Gym  
Fee: \$10/day  
Date: Time  
Sept 26 4:00 - 5:00 PM  
Oct 29 4:00 - 5:00 PM  
Nov 21 4:00 - 5:00 PM

## NEW! Esports Club Grades 3-8

Step into the world of Esports and have fun playing video games with your friends! We'll be playing games like Super Smash Bros, Mario Kart, Rocket League & more.

The high school Esports team will be there to help coach you and join in on the fun! Min/Max: 4/10

Instructor: Jill Connley, BFHS Esports Coach  
Location: BFHS Library - Esports Room  
Day/Dates: Thursdays, Oct 3 - Nov 14 (No 10/31)  
Time: 4:00 - 5:00 PM  
Fee: \$45/child

Registration deadline is one week prior to class unless noted. After this date, a \$5.00 late fee will be charged.

## Guided Farm Tour

All Ages

A fun outing for your family and friends at Hephzibah Farms. These guided tours are interactive and educational! You will be petting, holding, and learning about animals from experienced guides, in a relaxed, safe setting. Spend two hours on this farm enjoying the animals at a more leisurely pace. Min/Max: 10/20

Location: Hephzibah Farms, Hebron, IL  
Date: Saturday, October 5  
Time: 1:00 - 3:00 PM  
Fee: \$15/person (18 months & under are free)

## TGIF (Thank Goodness It's Friday)

Grades 2-8

Friday night open gym with basketball, kickball, volleyball and more! We'll provide pizza and lemonade for dinner as well.

Min/Max: 10/50

### NEW WAIVERS NEED TO BE FILLED OUT

Location: Sharon Community School Gym  
Date: Fridays, Oct 11, and Nov 8  
Time: 5:00 - 7:00 PM  
Fee: \$5/person/date

## Disney Day Off

Grades 4K-8

Everything you love about Disney...Mickey, Princesses, Pixar, Marvel, Star Wars, and so much more! Come craft, bake, watch a movie, and enjoy a day of Disney. Please bring a lunch. Min/Max: 4/15

Instructor: Lynette Vyhnanek  
Location: BFHS  
Time: 9:00 AM - 3:30 PM  
Fee: \$50/child/date

Theme: Date  
Halloween: Oct 25  
Holiday: Nov. 27

## Jr. Picassos

Grades 1-8

Jr. Picassos will bring out your child's hidden talents by exploring various means of expression through painting, drawing, and sculpting. Min/Max: 5/15

Instructor: Dean Connley  
Location: BFHS E33  
Day/Dates: Tuesdays, Nov 5 - 19  
Time: 4:00 - 5:00 PM  
Fee: \$30 Resident/\$35 Non-Resident



# youth *Dance*

**Mondays in the BFHS Studio Room  
October 21 - December 9**

**Instructor Lynette Vyhnanek is trained in Ballet, Tap, Jazz, Hip-Hop, Lyrical, and Contemporary. Lynette has choreographed many First Place National Titles.**

## Kiddie Movement

Ages 2.5-5

Prepare for dance by learning the language, developing self-confidence and structure, and having fun! The beginning skills of movement and dance will be taught.

Min/Max: 4/12  
Time: 3:45 - 4:15 PM  
Fee: \$65/person

## Dance Foundations\*

Ages 6-8

This class will include ballet, jazz, and musical theater. Dancers will learn the fundamentals of ballet and jazz. Ballet barre and terminology is taught with the class.

Min/Max: 4/12  
Time: 4:15 - 4:50 PM  
Fee: \$70/person

\*Add Tap to your lessons from 4:50-5:10 for an addl \$35

## Musical Theater\*

Ages 9-14

Dancing, singing, and acting...all in one class! This class will focus on Broadway style jazz as well as lyrical and ballet techniques. Dancers will learn to incorporate acting in dance as well.

Min/Max: 4/12  
Time: 5:10 - 5:50 PM  
Fee: \$75/person

\*Add Tap to your lessons from 4:50-5:10 for an addl \$35

## Parent/Tot Mini Dance Days 18 mo-4yrs

Get Ready to wiggle and move by learning to use your gross motor skills, following directions, making friends, and having fun! One adult per child is needed to participate. Siblings who are able to walk must be registered if present. We will get moving, read a story, and do a craft. Min/Max: 4/12

Instructor: Lynette Vyhnanek  
Location: Studio Room  
Day: Mondays  
Dates: September 16  
October 14  
November 11  
December 9  
Time: 9:30 - 10:30 AM  
Fee: \$15/child/date

## Dance & Music Holiday Recital

Dance and Music will be coming together to put on a Holiday Recital. No pre-ordered costumes. Holiday wear can be purchased on your own. Parent/Tot does not perform in the recital.

Location: BFHS Auditorium  
Date: Saturday, December 14  
Time: 3:00 PM



## NEW! Musical Theatre Camp: Wanna Rock!

### A Trolls Holiday Camp

Grades 1-6

Join Poppy and Branch as they set off on a journey full of twists and turns! The trolls' lives are packed with adventure as they try to save their friends from trouble and avoid causing mischief! An interactive event, kids will perform on stage and explore their creativity through music video-making, costumes, and lights. We'll even feature their creations on the big screen! This is an excellent opportunity for kids to acquire new skills, explore their musical and theatrical talents, and most importantly, have fun. Pack a lunch! Min/Max: 8/20

Instructor: Children's Theatre Camp Staff

Location: Big Foot Auditorium

Time: 9:45 AM - 2:45 PM

Dates	Fee
Dec 23, 26 and 27	\$180
Dec 30, 31, Jan 2, 3	\$240
BOTH WEEKS (save 10%)	\$378



## LEGO Builders

Grades 1-8

Each week starts with a pile of LEGOs and ends with a completed model. Models could include trucks, planes, boats, tractors, motorcycles and more. Start a new project each week. All projects stay with the instructor, but you will get a small kit on the last day to take home. Min/Max: 5/15

Instructor: Dean Connley

Location: BFHS Library

Day/Date: Tuesdays/Oct 1 - 15

Time: 4:00 - 5:00 PM

Fee: \$25 Resident/\$30 Non-Resident

## Junior Detectives

Grades 4-8

Do you like to search for clues and solve puzzles? We'll explore different techniques used to solve crimes including reading secret messages, matching fingerprints, and putting all of our clues together to catch the culprit! Min/Max: 5/15

Min/Max: 5/15

Instructors: Dean Connley

Location: BFHS Front Entrance

Day/Date: Tuesday, Oct 22

Time: 4:00 - 5:00 PM

Fee: \$15 Resident/\$20 Non-Resident

## Stop-Motion Movie Making

Grades 1-8

The movie-making class has a new twist! We are going to use stop-motion to create our very own movies using toys and action figures to bring our stories to life! Min/Max: 5/15

Instructor: Dean Connley

Location: BFHS - Library

Day/Dates: Wednesdays, Nov 6 - 20

Time: 4:00 - 5:00 PM

Fee: \$30/person



Please bring your own device with the Stop Motion App installed.

## Slime Time!

Grades 4K-8

Join us for ooey-goey fun! We'll be making different variations of slime. Each child will get to take home the slime they make at the end of class. Please register for each class individually. Min/Max: 6/20

Instructor: Lynette Vyhnaneck

Location: BFHS Room E33

Time: 4:00 - 5:00 PM

Fee: \$15/child/date

Date	Slime
Sept 9	Watermelon Slime
Oct 9	Ghostbuster Slime
Dec. 11	Candy Cane Slime

## Home Alone: Safe Kids 101

Ages 9-14

Parents, peace of mind is here! We'll prepare your child for their solo adventure of taking care of themselves. Topics covered in class: responsibilities, simple first aid, digital safety and much MORE! Pizza will be served. Min/Max: 6/20

Instructor: Lynette Vyhnaneck

Location: BFHS Room E36

Day/Date: Monday, Oct 7

Time: 4:00 - 7:00 PM

Fee: \$40/child

## Babysitting 101

Ages 10-16

Your child will learn the basics of being a safe and responsible babysitter. Topics covered include: how to market your business safely, age appropriate play and discipline, Heimlich and first aid basics, diapering and feeding infants and MORE! Each child will go home with a workbook and tote bag to start their business. Pizza will be served. Min/Max: 6/20

Instructor: Lynette Vyhnaneck

Location: BFHS Room E36

Date: Wednesday, Nov 6

Time: 4:00 - 7:15 PM

Fee: \$45/child

## Kids Painting Workshop

Ages 5-17

Get creative with paint! A parent may be present. All paintings will be on canvas with the exception of December. You will paint 4 ornaments. The Noel ornament is just one of the ornaments you can choose from. Min/Max: 4/15

Instructor: Jennifer with A Glass of Art

Location: BFHS Room E33

Day: Tuesdays

Time: 4:00 - 5:00 PM

Fee: \$20/painting/date



Frog  
Sept 17



Jack  
Skellington  
Oct 15



Turkey  
Nov 19



Holiday  
Ornaments  
Dec 17



## FAMILY ADVENTURES

### NEW! "Pedal the Parks" Bike Tour Adult

Enjoy the Fall colors as we take a ride through the Walworth and Fontana parks. We'll meet at Devils Ln park in Walworth and head out on the trail taking us through Badger Park, The Fontana Fen, Reid Park and Duck Pond. Bring money for an ice cream stop along the way! It's a shorter ride but there are hills and some riding on the roads. Min/Max: 4/12

Instructor: Dean Connley  
 Location: Devils Ln Park, Walworth  
 Day/Dates: Sat, Oct 12  
 Time: 10:00 AM  
 Fee: FREE

### Valley Of The Kings Tour All Ages

VOTK provides refuge for abused, abandoned or retired lions, tigers, wolves and others. Not open to the public, this is an opportunity to learn about these magnificent animals up close. This is a working farm, please dress appropriately. Rain or shine. Advance registration required. Min/Max: 6/20

Location: Valley of the Kings  
 W7593 Townhall Road, Sharon  
 Date: Sat, Sept 28  
 Time: 2:30 - 4:30 PM  
 Fee: \$20/Participant

### Root Beer Making & Tasting Family Fun!

Learn to make your own root beer! Each parent/child will make 2 gallons of root beer, design your own labels and bottle your brew. The following week we'll have a taste test before you take your tasty creations home. Bring your own bottles (we have caps) or purchase a case from us. We provide everything else! Min/Max: 6/10 families

Instructor: Chuck Thiesenhusen  
 Location: BFHS E35  
 Day/Dates: Mon, Oct 7 & 14  
 Time: 5:00 - 6:00 PM  
 Fee: \$25/batch & \$25/case bottles (if needed)

### Family Day at Moose Mountain Falls

Come swim, splash, and slide at Timber Ridge's indoor waterpark: Moose Mountain Falls! With slides, hot tubs, kiddie pools, and more, there is fun for the whole family. Advance registration is required. Access to the lodge and locker rooms begins at Noon. \*Bring your own towel. Min/Max: 40/75

Location: Timber Ridge Lodge and Waterpark  
 Lake Geneva, WI  
 Fee: \$15/participant  
 (2 and under free)

Dates	Time
Sunday, Sept 29	1:00 - 8:00 PM
Sunday, Nov 3	1:00 - 8:00 PM

### NEW! Equine Programs at Cripple Creek Classes are designed to be taken in progression.

#### Getting to Know a Horse

Learn the very basics of handling, grooming and being around a horse.

Dates: Sept 12 and 16  
 Time: 5:15 - 6:00 PM  
 Fee: \$60/person

#### Intro to Riding

Groom, tack up, and learn basic handling on the ground. Learn to mount/dismount, basic balance under movement, and how to walk, stop and turn with guidance.

Dates: Sept 19, 23 and 26  
 Time: 5:00 - 6:00 PM  
 Fee: \$100/person

#### Beginner Riding

This is the next level of riding after your initial rides. The rider will groom, tack, and begin to learn to ride independently with the walk, stop and turn.

Dates: Sept 30 and Oct 3  
 Time: 5:00 - 6:00 PM  
 Fee: \$85/person

#### Novice Riding

Here the rider will groom, tack and prepare the horse for its lesson. The lessons will help to perfect the walk/trot transition, learning to cue and control the 5 body parts of the horse.

Dates: Oct 7 and 16  
 Time: 5:00 - 6:00 PM  
 Fee: \$85/person

## Community Movies

An affordable family experience  
 for only \$1 per person. Concessions available.

<p style="color: red; font-weight: bold; margin: 0;">Sharon School</p> <p style="font-weight: bold; margin: 0;">Fridays at 5:00 PM</p> <p style="margin: 0;">October 18    Inside Out 2</p> <p style="margin: 0;">November 15    Despicable Me 4</p>	<p style="color: red; font-weight: bold; margin: 0;">Reek School</p> <p style="font-weight: bold; margin: 0;">Friday at 6:00 PM</p> <p style="margin: 0;">November 22</p> <p style="margin: 0;">Free Birds</p>
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Registration deadline is one week prior to class unless noted. After this date, a \$5.00 late fee will be charged.

# Music Lessons



## Music Lesson Policies:

- You will be assigned an available time slot at the start of the season.
- Continuing students will be given preference to continue in their time slot.
- Music Lessons are paid for by auto pay on a credit card. You have one week prior to the month's first lesson to cancel.

**Make-up dates are not available.**

## Piano Lessons with Sarah Ages 4 - Adult

Lessons are tailored to the age and interest of each student. Sarah has enjoyed teaching a variety of age groups and classes since 2013, and has been specializing in piano lessons since 2018.



Instructor: Sarah Anderson  
Bachelor's of Music Ed.  
Location: BFHS Music Rooms  
Fee: \$90/month (plus cost of books)  
Days: Fridays  
(Sat lessons available upon request)  
Times: Half hour sessions  
from 4:00 - 7:30 PM  
Dates: Sept 6 - Dec 20 (no 11/29)

## Band Lessons with Sarah Ages 4 - Adult

Lessons are tailored to the age and interest of each student. Lessons are designed for students who play instruments including: **clarinet, saxophone, and beginning band instruments.**

Instructor: Sarah Anderson  
Bachelor of Music Education  
Location: BFHS Music Rooms  
Fee: \$90/month (plus cost of books)  
Days: Saturdays  
Times: Half hour sessions  
from 4:00 - 6:00 PM  
Dates: Sept 7 - Dec 21 (no 11/30)

## Piano Lessons with Adam Ages 4 - Adult

Lessons are geared to the student's age and interest. Adam has enjoyed his first three years teaching music and choir at Fontana Elementary School and is excited to teach some more private piano lessons.



Instructor: Adam Smith, Bachelor of Music  
Location: BFHS Music Rooms  
Fee: \$90/month (plus cost of books)  
Days: Saturdays  
Times: Half hour sessions  
from 8:30 - Noon  
Dates: Sept 7 - Dec 21 (no 11/30)

## Guitar & Bass Lessons with Matt Ages 7 - Adult

Lessons are designed for beginner through advanced guitar players. You'll learn how to read music, guitar tabs & chords. Matt Webber has been teaching for the last 18 years at Breber Music and 7 years at Big Foot Recreation. (Acoustic or electric).



Instructor: Matt Webber  
Location: BFHS Music Rooms  
Fee: \$90/month (plus cost of books)  
Day: Wednesdays  
Times: Half hour sessions  
from 4:00 - 6:30 PM  
Dates: Sept 4 - Dec 18 (no 11/27)

## NEW! Voice Lessons with Will Ages 4 - Adult

William Volmar is a classically trained baritone who recently received his Bachelor of Music degree in Vocal Performance at the University of Wisconsin-Madison under Paul Rowe. Lessons will be catered to the interests and abilities of each individual student. With proficiency in a variety of genres ranging from opera to musical theatre and styles ranging from classical to contemporary, William is prepared to help each student discover their own unique voice and foster growth within whatever genre the student sees fit.



Instructor: Will Vollmar, Bachelor of Music  
Location: BFHS Music Rooms  
Fee: \$90/month (plus cost of books)  
Days: Thursdays\*  
Times: Half hour sessions  
from 4:00 PM - 6:00 PM  
Dates: Sept 5 - Dec 19 (no 11/28)

\*Additional days available by request

## Dance & Music Holiday Recital

Dance and Music will be coming together to put on a Holiday Recital. No pre-ordered costumes. Holiday wear can be purchased on your own. Parent/Tot does not perform in the recital.

Location: BFHS Auditorium  
Date: Saturday, December 14  
Time: 3:00 PM

## NEW! Carve Your Own Tealight Candleholder

Ages 15+

This workshop will provide you with the tools you need to create a beautiful cutout tealight candleholder. Min/Max: 6/12

Instructor: Robin Raab  
 Location: BFHS Room E32  
 Day: Thursdays  
 Dates: Oct 10 & 17 (pick up on Oct 24)  
 Time: 5:00 - 7:00 PM  
 Fee: \$40/person



## Pottery Workshop

Ages 15+

Create decorative and functional projects from clay. Both hand building and wheel techniques will be available. Each new participant is required to purchase clay from the instructor. Minimum purchase of 20 lbs. of clay for \$20 - \$35 (different clay options available) with the option to purchase more for larger projects. Min/Max: 5/10

Instructor: Paul Boland and Marie Medic  
 Location: BFHS Art Room E32  
 Time: 5:00 - 7:30 PM  
 Fee: \$90/person (+clay)

Session	Date
1 Mondays	Sept 9 - Oct 7
1 Tuesdays	Sept 10 - Oct 8
2 Mondays	Oct 14 - Nov 11
2 Tuesdays	Oct 15 - Nov 12
3 Mondays	Nov 18 - Dec 16
3 Tuesdays	Nov 19 - Dec 17

## Quilting

Ages 16+

Beginners learn quilting skills needed to make a small project, focusing on patchwork piecing, applique, binding and machine quilting techniques. Advanced quilters can use this time for working on projects. Bring your own, or for an added fee materials will be provided. Min/Max: 4/10

Instructor: Barb Makovec  
 Location: BFHS Room E36  
 Dates: Sept 23 - Nov 11  
 Days/Time: Mondays/4:30 - 6:30 PM  
 Fee: \$45 (+quilting materials)

## NEW! Toast & Tinker at DJ's In The Drink 21+

Come join us for an evening of creative fun and friendship! Unleash your inner artist while we create a different guided craft each month. No experience necessary! Drinks can be purchased at the bar. Min/Max: 4/20

Instructor: Vicky Hinchey  
 Location: DJ's In The Drink  
 Day/Time: Mondays/6:00 - 8:00 PM

Project	Date	Fee
Fall Gnome	Sept 23	\$35
Nightmare Catcher	Oct 14	\$35
Leaf Bracelet	Nov 11	\$25
Winter Wreath	Dec 9	\$35



## NEW! Kintsugi

Adult

Beauty from Brokenness

Kintsugi is a 400 year-old Japanese craft in the mending of ceramics, creating beauty from brokenness. Steve Jensen will guide us through a modern method of this ancient craft. You'll see and feel the beauty you have created and reflect on your own life's journey. No artistic talent is needed. All materials are provided.

Instructor: Steve Jensen, Academy Kintsugi  
 Location: BFHS Room E32  
 Dates: Thursdays, Sept 19 & 26  
 Time: 5:00 - 6:30 PM  
 Fee: \$95/pp



## Crochet Crafts

### Beginning Crochet

Ages 12+

Get started with crochet by learning basic techniques and stitches, reading patterns, and how to pick materials. No experience necessary, starter kit provided. Min/Max: 3/6

Instructor: Sarah Anderson  
 Location: BFHS Room E36  
 Dates: Saturdays, Sept 14 - 28  
 12:30 - 1:30 PM  
 Fee: \$45/person

### Crochet Club

Ages 12+

Bring your projects! Work out patterns and learn new stitches with other crocheters. Extra materials available for additional cost. Min/Max: 4/10

Instructor: Sarah Anderson  
 Location: BFHS Room E36  
 Dates: Saturdays, Sept 7 - Oct 26  
 Time: 2:00 - 3:30 PM  
 Fee: \$50/person

## NEW! Pumpkins

Ages 12+

Try your hand at amigurumi with mini pumpkins! Working in the round with single crochet, increases, and decreases, this is a great project for new crocheters. Min/Max: 3/8

Instructor: Sarah Anderson  
 Location: BFHS Room E36  
 Dates: Saturdays, Oct 5 - 19  
 Time: 12:30 - 1:30 PM  
 Fee: \$45/person



## NEW! Potted Plant Coaster Set

Ages 12+

A functional gift or adorable decor, these coasters fit in their own crochet plant pot. Worked in the round with double crochet, this project uses a few less common techniques, like the picot stitch and marling yarn, making it manageable for any crocheters who have worked on basic projects before. Min/Max: 3/8

Instructor: Sarah Anderson  
 Location: BFHS Room E36  
 Dates: Saturdays, Nov 9 - 23  
 Time: 2:00 - 3:30 PM  
 Fee: \$45/person



# ADULT

## escapes

### Beginning Watercolor Painting Adult

Join Frank in this fun class that will coax out your inner artist. You will learn how to prepare and stretch paper for painting. Both wet and dry brush techniques will be demonstrated. Each day will focus on different subject matter - so you won't want to miss a class!

Instructor: Frank Breneisen  
 Location: BFHS Art Room E33  
 Day/Dates: Tuesdays, Oct 15- Nov 19 (No class 11/5)  
 Time: 7:00 - 8:30 PM  
 Fee: \$50/person, includes materials

Frank Breneisen is a retired college art professor from Morningside College and is highly skilled in multiple artistic media.

### Paint & Sip Adult

Come join us and get creative while socializing with others. You will start with a blank canvas and end with a beautiful painting all guided by an experienced instructor. No experience necessary! Drinks can be purchased at the bar.  
 Min/Max: 4/20

Instructor: Jennifer with A Glass of Art  
 Location: Harbor House at The Abbey Resort  
 Day: Wednesdays  
 Time: 6:00 - 8:00 PM  
 Fee: \$40/person/date

Date	Design
Sept 18	Apple Pickin'
Oct 16	Fall Harvest
Nov 20	Holiday Burnout
Dec 18	Full Moon & Lighthouse



### NEW! Sourdough Bread Baking

Wes Slawson will immerse you in the mysterious world of sourdough bread baking. Each person will receive their own sourdough starter with tried and true recipes.

Min/Max: 10/25  
 Instructor: Wes Slawson (BFHS Culinary Teacher)  
 Location: BFHS Room E35  
 Date: Nov 12 & 13  
 Time: 6:00 - 8:00 PM  
 Fee: \$40/person

### Chop & Cook Knife Skills Adult

Do you have a butcher block of knives, but always use the same knife to chop everything? In this class we'll discuss what each knife is used for, how to sharpen knives, and proper chopping techniques. Basic cooking of the chopped food will be taught as well. Min/Max: 6/20

Instructor: Chef Stephanie Adamski  
 Location: BFHS Room E35  
 Date: Monday, November 11  
 Time: 5:30 - 7:30 PM  
 Fee: \$35/person

### Professional Cookie Decorating

#### Teen - Adult

Join us for a beginner cookie decorating class. You will learn decorating techniques such as outlining, flooding, piping, and wet-on-wet techniques. You will also learn about making cookie dough, preventing spreading of your cookies and will leave with a delicious chocolate brownie cookie recipe. Royal icing will be made during class. Each set will include 4 cookies. Min/Max: 6/16

#### \*Registration Deadline is Oct 5

Instructor: Kim Abell, Owner  
 Kim's Custom Treats  
 Location: BFHS E36  
 Date: Saturday, Oct 12  
 Time: 9:00 AM - Noon  
 Fee: \$45/person



### NEW! Fall Gardening for a Winter-Ready Landscape Adults

Even though the days are getting shorter and winter is around the corner, your gardening tasks are not done yet! Join us for this overview of gardening practices for pest prevention, plant protection, and garden/lawn preparation. We'll discuss garden clean-up in relation to diseases, insects, and wildlife food; fall lawn care, protecting susceptible plants from snow/cold damage and more.  
 Min/Max 5/20

Instructor: Julie Hill, Horticulture Educator for UW-Madison Division of Extension  
 Location: BFHS, Room W8  
 Date: Monday, September 23  
 Time: 5:30 - 6:30 PM  
 Fee: FREE, advance registration required

### NEW! Houseplant Essentials Adults

Growing houseplants has a lot of benefits, especially for our well-being. But it's so frustrating when they aren't looking their best! We'll go through the essentials of what houseplants need, common problems, and tips to get your plants back into shape! Optional: bring in a houseplant for repotting and we'll do it together! Min/Max 5/20

Instructor: Julie Hill, Horticulture Educator for UW-Madison Division of Extension  
 Location: BFHS, Room W8  
 Date: Monday, October 14  
 Time: 5:30 - 6:30 PM  
 Fee: FREE, advance registration required

*Julie provides horticulture education for the residents of Walworth, Rock and Jefferson Counties.*



## Fishing Pole Workshop

Adult

**Build your very own fishing rod!** Each participant will go home with a completed 6'6" medium light fiberglass fishing rod. Instructor Al Hutchinson has been teaching this class to local anglers for years and he can't wait to share his knowledge with you! Min/Max: 4/10

Instructor: Al Hutchinson  
Location: BFHS Art Room E33  
Date: Saturday, November 9 & 16  
Time: 8:00 AM - 12:00 PM  
Fee: \$90/person

## NEW! Lincoln Tallman House/Rotary Gardens Tour

Black Point Estate & Gardens' renowned Site Director, Dave Desimone guides us on a tour of the beautiful Rotary Gardens. We'll enjoy a meal at the Cozy Inn, then head to the Tallman House for a guided tour of the property.

Min/Max: 8/12

**Registration deadline is Sept 20.**

Guide: Dave Desimone of Black Point Estate  
Date: Friday, Sept 27  
Departing: 9:00 AM at BFHS Recreation Entrance  
Returning: 4:15 PM to BFHS Recreation Entrance  
Fee: \$50 (Includes tours & travel in the Recreation Van)  
Bring cash for lunch

## Black Point Estate Tour

Location: Conrad Seipp Victorian Mansion  
Date: September 24  
Day: Tuesday  
Time: 5:30 - 7:30 PM  
Fee: \$20/person  
Tour Guide: Dave Desimone



On the day of, meet at Linn Town Park on the corner of Maple Ridge Road and South Shore Drive. Car pooling to the site is required. Please be prompt, late arrivals will not be allowed in.

## NEW! Mahjong

Adult

Learn how to play Mahjong! This popular game originated in China centuries ago. It is played with engraved tiles and involves strategy, skill and a bit of luck. Each week's class will build off the previous, as we build our skills, strategy, and joy of the game.

Instructor: Jan Bryant  
Location: Gathering Grounds at Main St Country Store, Walworth  
Dates: Wednesdays, Oct 2 - 30  
Time: 10:00 - 11:00 AM  
Fee: \$10/person



## "How It's Made" Tour

featuring **PSI** POWER SOLUTIONS INTERNATIONAL

Power Solutions International, Inc. (PSI) stands at the forefront of designing, engineering, and manufacturing advanced, emission-certified engines and power systems. PSI provides reliable backup power generators for industries where it is critical to have constant and dependable power. Industries PSI serves include data centers, healthcare facilities, utility and water treatment, and other companies that require power backup.

PSI has plants throughout the midwest. The Darien plant specializes in engineering, designing and manufacturing complete, custom-designed integrated power generation packages, for small and large applications - up to 5 megawatts! Max: 15



Location: Power Solutions International  
448 W. Madison Street, Darien, WI

Guides: Kevin Keys, VP of Sales & Nick Edwards & Reena Klawitter, Plant Managers

Date: Wednesday, October 16  
Time: 10:00 AM

Fee: FREE, advance registration required

Requirements: Closed toe shoes, no loose clothing, hearing and eye protection will be required, ages 16+

*We feature different manufacturing facilities in the area. If your business is interested in opening your doors and showing off your expertise please contact us.*

## Destination Travel Planning Cruises for Beginners

Always wanted to take a cruise but don't know where to start? Learn the basics of planning the perfect Ocean or River cruise including how to select the best cruise line based on your travel style, picking the right ship and the right room, selecting the perfect time to sail, and other helpful information to make your cruise experience memorable. Min/Max: 4/20

## Planning Your First European Trip

Going to Europe the first time can be intimidating to some, but it doesn't have to be! Learn how to plan the perfect European Getaway. Get introduced to the different modes of travel, travel tips for budgeting and planning, and how to plan your best itinerary for your dream destination. Min/Max: 4/20

Instructor: Annamarie Gebar, Certified Hawaiian Tourism Board Destination Expert, Certified UK Travel Specialist

Location: BFHS W8  
Time: 6:30 - 8:00 PM  
Fee: FREE

<u>Destination</u>	<u>Date</u>
Cruises	Monday, Sept 23
Europe	Monday, Nov 18

# FITNESS

## Fit Happens Circuit Training Ages 16+

Join us for a combination of weight training, body weight exercises, and HIIT that builds muscle, burns fat and energizes you. This class will take you from the weight room for weight training, to the studio room for combination circuits using both body weight and free weights, and sometimes outdoors to utilize the track and outdoor spaces. Designed for increasing muscle, cardio and fun! Any body can do it! Min/Max: 5/15

Instructor: Kathy Nisius, Health Coach & PT  
Location: BFHS Studio Room  
Dates: Sept 7 - Dec 21  
Day/Time: Tuesdays/6:00 - 6:45 AM  
                  Saturdays/7:00 - 8:00 AM  
Fee: \$35 / 5 classes  
      \$70 / 10 classes

## Pilates Ages 18+

Develop a longer, leaner, stronger and more graceful body by improving muscular symmetry, alignment, posture, core-strength and flexibility. All abilities and body types welcome. These classes will focus on low impact pilates with deep stretching and awareness of breathing. Min/Max: 6/15

Instructor: Laura Cucco, Certified Pilates Instructor  
Fee: \$80 (10-punch card) or \$10 Drop-In  
Date: Sept 4 - Dec 18 (no 10/23 or 12/4)  
Day            Location            Time  
Wednesdays    BFHS Studio Rm            6:30 - 7:15 PM

## Beginner's Guide to the Gym

Join BFHS coach Alison Krick in a hands on introduction on how to properly use the equipment in our fitness center to ensure your safety and well-being.

Instructor: Alison Krick  
Location: BFHS Fitness Center  
Fee: \$20 per date (includes membership card)

<u>Day/Dates</u>	<u>Time</u>
Thurs. Sept 26	3:00 - 4:00 PM
Mon. Oct 21	3:00 - 4:00 PM

## Adult Walking Club - FREE

Enjoy the company of others while walking in the fresh air of the Walworth community! Receive the great benefits of walking: improve circulation, lower cholesterol and blood pressure, and increase longevity. The club will meet in the Studio Room, and will walk the halls of BFHS in inclement weather. Please register in advance. Min/Max: 4/15

Instructor: Annette McNamara  
Dates: Tuesdays, Sept 10 - Nov 12  
Time: 8:30 - 9:30 AM

**Registration deadline is one week prior to class unless noted.  
After this date, a \$5.00 late fee will be charged.**

# self care

## Senior/Chair Yoga

The 45 minute yoga class is designed for persons with limited mobility or balance. We will flow through gentle movements to improve strength and range of motion around each body joint. Each class will utilize a stable chair to support modified yoga poses. Sessions will end with a short meditation and time for sharing.

Instructor: Cynthia Allen Certified YogiFit Level 1 & Certified Personal Trainer  
Location: BFHS Studio Room  
Days: Mondays or Fridays  
Time: 11:00 - 11:45 AM  
Dates: Sept 9 - Dec 20 (no 11/29)  
Fee: \$100 / 10-punch card

## NEW! The Back Class

Learn how to treat your own back pain! This is an exercise class with a physical therapy background focusing on improving back pain through strength and movement.

Min/Max: 6/15

Instructor: Kathy Nisius, Health Coach & PT  
Fee: \$65 / 6 week session OR \$120 for BOTH

Day/Dates	Time	Location
Fri, Oct 18 - Nov 22	6:00 - 7:00 AM	BFHS
Wed, Oct 16 - Nov 20	5:15 - 6:15 PM	The Doctor's Office - Darien

# nutrition

## Easy Plant Based Eating

Have you heard about plant based eating but think it will be a struggle to change? Not sure what to eat? Or maybe you've tried eating this way and ran into challenges? This class will give you helpful ideas and convenient methods to make a plant based lifestyle effortless! We will also discuss the health benefits of this lifestyle. Feel free to bring your questions and concerns too.

Instructor: Jaime Benedict  
Location: BFHS Room W8  
Date: Monday, October 28  
Time: 6:00 - 8:00 PM  
Fee: \$10/person

## Wake Up & Thrive

This class combines QiGong\*, breathing techniques, stretches, yoga and short meditations. Gentle and enjoyable movements are designed to build strength, increase balance, increase range of motion, work out stiffness, increase health and decrease stress. Your body and mind will feel wonderfully relaxed while you enjoy feeling more peaceful, less stressed, more flexible and energized. Class is structured for everyone to move at their own pace so it's great for all levels.

\*QiGong is a practice similar to Tai Chi, however QiGong is performed standing still. It combines slow, purposeful movements, the breath, and mindfulness.

Instructor: Lauren Porstner  
Location: BFHS Studio Room  
Dates: Mondays, Sept 9 - Dec 16 (no 11/25)  
Time: 8:00 - 9:00 AM  
Fee: \$10 Daily Drop-In Rate  
\$36/4-punch card

## Fitness Center

## For Ages 14+

ALL fitness center and gym participants must present a membership card at the door. Membership cards can be purchased through the Recreation Office.

Cost is \$5.00.

You must be at least 14 years of age and entering 9th grade to receive a membership.



\*\*\$5.00 Daily Pass if you do not bring your ID\*\*

**Participant Information:** The Fitness Center and the East Gymnasium are open to the community during designated hours throughout the year. All high school related activities and established gymnasium reservations take priority over any open gym availability. Monthly calendars can be found at [www.bigfootrecreation.org](http://www.bigfootrecreation.org) and at the Fitness Center. Hours are subject to change.



Fit Center Schedule

**BFHS District: FREE**

Non-Resident: \$20 monthly/\$200 annually

Family: \$50 monthly/\$500 annually

## DIY Spa Sensations Workshop

Learn to make luxurious organic spa essentials using all natural and whole food ingredients! No harmful synthetic chemicals. For fall, we'll whip up a pumpkin pie sugar scrub for exfoliating, a yummy apple pie body butter, mulled cider lip scrub for a perfect pout, and sweater weather bath salts. For Christmas we'll make a Christmas cookie body scrub, vanilla bean lotion, peppermint body butter, and candy cane soap. Pamper yourself with everything you've made, or gift someone special with these treasures. Min/Max: 5/15

Instructor: Vicky Hinchey  
Location: BFHS E35  
Time: 5:00 - 6:30 PM  
Fee: \$45/person

Project	Date
Fall Flavors	Oct 1
Christmas Creations	Dec 3

## Adult Futsal Pickup Games Ages 16+

Join us for fun, informal pickup games at Big Foot. Each Sunday we'll put together different teams to mix it up and meet new people. This fast paced, indoor soccer game emphasizes control, improvisation, creativity and technique. It's a great time to join your friends and get your sweat on.

Supervisor: Brooke Patterson  
 Location: BFHS Main Gym  
 Dates: Sundays, Oct 20 - Dec 15 (no 11/24)  
 Time: 7:30 - 9:00 PM  
 Fee: \$20/session or \$5 drop-in

## Pickleball Ages 16+

Join this fun group of pickleballers! It's tons of fun and easy to learn. Beginners are welcome at any time. Bring your own paddle or use one of ours.

Location: BFHS Tennis Courts. East Gym in case of inclement weather.

Days: Wednesdays (starting 9/4) & Sundays  
 Time: 6:00 - 8:00 PM

To participate, you must have:

Big Foot Fitness Center ID (residents) or "Pickleball Only" ID (non-residents)

There is a one-time \$5 fee to acquire a Resident Fitness Center or a "Pickleball Only" ID.

Please visit the Big Foot Recreation office during regular office hours. Monday - Friday: 8:00 AM - 4:00 PM



## Social Paddle Club

Ages 16+

A great way to meet people and enjoy the outdoors. Some paddles just require cursory skills, other paddles will challenge you. No paddles exceed class II rapids and are ±2 hours.

Date	Level	Time/Location
Sun., Sept 8	M	8:30 AM: Yahara River
Sun., Sept 22	M	8:30 AM: Club Vote
Sun., Oct 6	E	10:00 AM: Geneva Lake - Fall Colors

**E - Easy:** Paddler should have cursory skills to navigate minor obstacles, slow current, river bends, and have the endurance for a 2 hr paddle.

**M - Moderate:** Skilled at maneuvering around down trees and other obstacles, quick turns, straight ahead class II rapids, portage around obstacles if required.

Guide: Chuck Thiesenhusen  
 Fee: \$20/paddle  
 Rentals: Single/\$20 or Tandem/\$30  
 Get your Turtle Creek Tee Shirt - only \$15



\* Our paddles typically have a waiting list. Please don't register unless you intend to go. No refunds 7 days in advance of a paddle.

## WI Hunter & Bowhunter Education

**Hunter Education:** Hunters that are at least age 12 and born on or after January 1, 1973 must have completed a hunter education course.

### Class Options

1. Classroom - Register at: [gowild.wi.gov/customers/safetiedclass](http://gowild.wi.gov/customers/safetiedclass)
2. Online Hunter Education Course & Field Day (No minimum age requirement)\*
3. Online Hunter Education Test Out (Must be 18+)

\*After passing the online test, schedule your field day by calling the DNR at (888) 936-7463. See list below for online classes.

- [www.hunteredcourse.com](http://www.hunteredcourse.com)
- [www.hunter-ed.com/wisconsin](http://www.hunter-ed.com/wisconsin)
- [www.huntercourse.com/usa/wisconsin](http://www.huntercourse.com/usa/wisconsin)

**Bowhunter's Education:** Anyone born on or after January 1, 1973 is required to possess a hunter safety certificate OR a bowhunting education certificate in order to bowhunt in Wisconsin. While Wisconsin allows either a hunter safety or bowhunter education certificate to bowhunt, numerous other states and certain federal properties do require a bowhunter education certificate from a course approved by NBEF in order to bowhunt.

### Class Options

1. Classroom - Register at: [gowild.wi.gov/customers/safetiedclass](http://gowild.wi.gov/customers/safetiedclass)
2. Online: [www.bowhunter-ed.com](http://www.bowhunter-ed.com)



## Pickup Basketball Games Ages 18+

Join us for coed pickup games every Tuesday and Thursday through the school year.

Dates: Year Round  
Days/Time: Tues and Thurs/5:00 - 6:00 AM  
Location: BFHS East Gym  
Fee: FREE

*Give the gift of fun!*

Gift Certificates available  
for all recreation programs



## Snowmobile Safety Ages 12+

If you were born on or after January 1, 1985, and are at least age 12, you must complete a snowmobile safety certification course to operate a snowmobile on Wisconsin public snowmobile trails and areas. Wisconsin has more than 25,000 miles of groomed trails each winter, making safety an important part of the ride. Those that meet the course requirements will receive a safety education certificate.

Instructors: Troy Hummel & Dan Knop  
Location: A+ Power Sports  
622 E. Court Street (Hwy 11), Elkhorn  
Dates: Check DNR website  
Fee: \$10/person payable online to the WI DNR  
Register: [dnr.wi.gov/topic/snowmobile](http://dnr.wi.gov/topic/snowmobile)  
(search for Walworth County classes and select the appropriate class)

## Dollar\$ and **SENSE**

### Medicare Made Simple

Healthcare at any stage of life is important. Choosing the right Medicare plan is an important part of your retirement strategy. Learn the differences between Medicare Supplement, Advantage, and Part D plans along with the timing for claiming benefits.

Location: BFHS Room W8  
Instructor: Jim Pfeil, FIC, RICP, MBA.  
Elkhorn Medicare Solutions, Elkhorn WI  
Date: Monday, October 7  
Time: 6:00 - 7:15 PM  
Fee: Free, Advance Registration is Required

### Basic Home Repair Adult

This hands-on class will give you the confidence and skills to tackle projects you didn't think you could do on your own. This program covers the most common home maintenance items, such as...

- General plumbing (leak repair, toilet repair, water temp)
- Electrical switch and outlet replacement
- Drywall repair · Door adjustments · And more!

Instructor: Joe Vyhnanek, General Contractor  
Location: BFHS Room E7 - Tech Ed Lab  
Date: Wednesday, Dec 4  
Time: 5:30 - 7:30 PM  
Fee: \$35/person

### Automotive 911 Ages 15+

Your stuck on the side of the road.....now what? You see symbols on your dashboard and don't know what that means. This class will help you understand what to do in an emergency situation. You'll understand what it means when the car is smoking and when you see different fluids. Joe is a certified mechanic that will teach you not only emergencies but also how to change a tire, change wiper blades, and basic maintenance. A great class for new drivers! Min/Max: 4/18

Instructor: Joe Vyhnanek, Certified Mechanic  
Location: BFHS Room E7 - Tech Ed Lab  
Days: Thursday, Sept 12  
Time: 5:30 - 7:30 PM  
Fee: \$25/person

### First Aid & CPR With AED Certification Ages 14+

Learn how to recognize and respond to first aid, choking and cardiac emergencies with adults, children and infants. We'll cover how to respond to and identify the signs of respiratory and cardiac difficulties and procedures for care including using an AED. Upon successful demonstration of skills learned, participants will receive certification, which is good for two years, issued through the American Heart Association. Min/Max: 3/12

Instructor: Mercy Health Instructor  
Location: BFHS Room E33  
Dates: Saturday, Nov 9  
Time: 9:00 AM - 2:00 PM  
Fee: \$85/person

# HOW TO REGISTER



**Online 24/7**

[www.bigfootrecreation.org](http://www.bigfootrecreation.org)  
click on the "Register Online"  
button on our home page.



**Call Us**

Call our office M - F, 8 AM - 4 PM  
Credit card payment is required for  
all phone registrations. 262-275-2117



**In Person**

Our office hours are M - F 8 AM - 4 PM  
401 Devils Lane, Walworth, WI

## DON'T WAIT UNTIL THE LAST MINUTE TO REGISTER!

**If there are not enough participants for a class, it will be canceled before it begins.** If a class reaches its maximum, the registration will not be accepted or be put on a wait list. If registrations aren't timely, t-shirt orders may be canceled, or not filled properly. In order to keep programs well organized for participants, all registrations must be received at least **one week** prior to class unless otherwise noted.

A \$5.00 late fee will be charged per program for late registration.

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**RESIDENCY:** Residents are those who live in district or who pay taxes to BFHS District. (Please consult your tax bill). The recreation staff reserves the right to ask for verification of residency. Non-residents are always welcome to join our programs at the non-resident rate.

**PHOTO POLICY.....**Participants or their parents (if participant is under 18) permit the taking of photos, audio and videotapes during Recreation District activities for publication and use as the Recreation District deems necessary.

**REFUNDS.....**Registrants may request a refund prior to the start of a program or activity by contacting the recreation office. Certain programs may have refund restrictions due to the nature of the activity. Full refunds are issued in the event of a program cancellation. A 100% refund will be issued upon registrants request 7 days prior to the start of a class. Less than 7 days in advance, we reserve the right to deny requests based on the nature of the program, supply expenses, or other factors. Absolutely no refunds will be issued after the start of a program.



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to our generous Sponsors!*  
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Mark & Lucinda Rapata

**Hike the Lake**



**T-Ball and Coach Pitch**



**We hope you'll join us in 2025!**

## *Become A Sponsor!*

Make an impression on a captive audience and support our community.

With over 2000 area residents using our facilities/programs annually, you'll be glad you sponsored Big Foot Recreation District. You can feel great about it because all proceeds go back into enhancing our community facilities and life-enriching programs. It's a win-win!

Want to make an impression in our community? Contact Chuck or Dean today at 262-275-2117

*Save the Date*

*February 7, 2025*

*Daddy Daughter Dance*



# SUPPORT your local LIBRARY



## Fontana Public Library

166 2nd Ave./P.O. Box 437, Fontana, WI 53125  
Phone: (262) 275-5107 Director: Walter Burkhalter  
[www.fontana.lib.wi.us](http://www.fontana.lib.wi.us)

Hours: Mon - Fri 9:00 AM - 5:00 PM  
Sat 9:00 AM - 1:00 PM

Watch our website or Facebook page for upcoming craft projects and the return of Badger Talks!

## Brigham Memorial Library

131 Plain St./Sharon, WI 53585  
Phone: (262) 736-4249 Director: Brittany Janes  
[www.sharon.lib.wi.us](http://www.sharon.lib.wi.us)

Hours: Mon-Thu 10:00 AM - 6:00 PM  
Fri 10:00 AM - 5:00 PM  
Sat 10:00 AM - 1:00 PM

Chair Yoga	Wednesdays	9:00 AM
Coffee Hour	Wednesdays	10:00 AM
Cookbook Club	3rd Tues/Month	5:00 PM
Movie Night	1st Tues/Month	5:00 PM
Board Game Night	2nd Tues/Month	5:00 PM
Adult Book Club	4th Tues/Month	5:00 PM
Teen Thursdays	Every Thursday	4:00 PM
Dungeons & Dragons	2nd & 3rd Mon/Month	3:00 PM
Storytime Saturdays	Every Saturday	10:00 AM

For more details follow us on Facebook or visit our website

## Walworth Memorial Library

525 Kenosha Street/Walworth, WI 53184  
Phone: (262) 275-6322 Director: Bobbi Sorrentino  
[www.walworth.lib.wi.us](http://www.walworth.lib.wi.us)

Hours: Mon & Wed 10:00 AM - 8:00 PM  
Tue, Thu, Fri, Sat 10:00 AM - 5:00 PM

### Story Time

Infant - 5 Years	Fridays	10:30 AM
4K - Grade 3	Wednesdays	3:30 PM

Coloring with Trish	Thursdays	1:30 PM
Mommy & Me	Wednesdays	10:30 AM
Fiber Arts Guild	2nd Wed/Month	10 AM-2 PM
Book Club	4th Wed/Month	4:30 PM

Local Author, Mary Hutchings Reed talks about her new book "Harmony's Peace & Joy" Sept 23 6:00 - 8:00 PM

Take Home crafts for kids weekly  
Take Home crafts for adults monthly

Check out our Facebook and website for upcoming programs

## Barrett Memorial Library

65 W Geneva St, Williams Bay, WI 53191  
Phone: (262) 245-2709 Director: Joy Schnupp  
[www.williamsbay.lib.wi.us](http://www.williamsbay.lib.wi.us)

Hours: Mon - Friday 9:00 AM - 6:00 PM  
Sat 9:00 AM - 3:00 PM

Story Times Wednesdays 10 AM

Healthy Brain Objective Club 1st Thur/Month 4-5 PM

Adult Craft Classes Monthly TBA  
call 262-245-2709 to register

Check out our website for exciting programs for the whole family!



## Agape House

The mission of Agape House is to assist in bringing transformational hope and healing to at-risk-youth, their families, and the community through a personal relationship with Christ. Our holistic approach is rooted in biblical faith, unconditional love, and graced-based interventions. Agape House offers community counseling to individuals and families and a residential treatment program for at risk teens. All of our services are based on a sliding fee, so no one is turned away because of finances. Please contact us at 262-275-6466 or visit our website at [AgapeHouseHeals.org](http://AgapeHouseHeals.org)



BF Recreation District  
 401 Devils Lane  
 P.O. Box 99  
 Walworth, WI 53184

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# affiliated **YOUTH SPORTS** organizations

All separate organizations provide structured sport opportunities for our community. Although the Recreation District works closely with these groups and knows basic schedules and other general information, please contact the group directly for specific information. All separate youth sports organizations are required to take their own registration with payment payable to their organization.

Big Foot Basketball Club  
 Ed Snyder.....(262) 374-4555  
 esnyder4@gmail.com

Big Foot Wolves Junior Tackle Football  
 Collin Frederick.....(262) 581-5256  
 www.bigfootrecreation.org/Pages/SportsWolves.html

Big Foot Wolves Cheerleading  
 Trinity Tofel.....(262) 729-6114  
 www.bigfootwolves.com

Big Foot Ball & Glove  
 Troy Hummel & Derek Brown.....BFballandglove@gmail.com  
 www.bigfootrecreation.org/Pages/SportsBallGlove.html

Big Foot Attack Youth Volleyball  
 Chad Roehl.....cjroehl@bigfoot.k12.wi.us

Geneva Lake United Soccer Club  
 Sarah Lobdell.....(262) 275-8489  
 www.genevalakeunited.org

## Big Foot Basketball Club Girls & Boys Grades 4-8

Contact: Ed Snyder  
 (262) 374-4555  
 esnyder4@gmail.com

**Check our website at [www.bigfootrecreation.org](http://www.bigfootrecreation.org) for updated registration information in September**  
**Information will also be distributed to the Elementary Schools**

This program creates a fun, instructional and competitive atmosphere in the Big Foot area. Travel and time commitment for games and tournaments is mandatory. Most games are on Saturdays with some tournaments or make-up games on Sundays. Practice to be held once or twice per week.

**4-8 Grade Girls:** October-December. Practices will start around October 1st. Please register by the deadline so that the number of teams can be determined for the league schedule. Expect 2 practices per week.

**4-8 Grade Boys:** December-February (plus possible tournaments). Coaches will be contacting players around November 1 to begin practice. Expect 2-3 practices per week at Fontana Elementary.

Schedules available first week of October.

## Big Foot Wrestling Club Grades K-8

Contact: Head Coach Jake Ries  
 Phone: (262) 325-0702  
 K-4 Season: December 2 through January 22  
 5-8 Season: December 2 through March 20

Come and join this exciting youth wrestling club. Learn the basics of wrestling, balance, flexibility, coordination and even nutrition. All levels are welcome, as we work with each individual on their own skills and abilities. Participants compete against other children of their own age, size and skill level. The Head Coach is Jake Ries. He is assisted by BFHS Varsity Coach Tyler Heck and his BFHS wrestlers.

