

Big Foot Wrestling Club

Co-Ed for Grades K - 8

2021-2022 Season

Come join in the excitement of wrestling. Learn the basics of wrestling, balance, flexibility, coordination, and even nutrition. Compete against children your age and skill level. All levels, from beginner to experienced are encouraged to participate.

MANDATORY Parent Information Meeting & Registration

Tuesday, November 16 at 6:00 PM

Big Foot High School Commons

Practice starts December 6

Mon. & Wed. 6:00 – 7:30 PM

Fee: \$65

Checks made to the Big Foot Wrestling Club

*** K – 4th Grade Practice: December - January**

*** 5th – 8th Grade Practice: December – March**

** exceptions to be made upon discussion with coaches*

Registration & Code of Conduct Forms, and more information, visit:

<https://www.bigfootrecreation.org/Pages/SportsWrestling.html>

For questions or additional information, contact: Jake Ries at (262) 325-0702



Special coaching appearances by Big Foot High School Head Wrestling Coach Tyler Heck, Junior Varsity Coach Austin Duhigg and their High School Wrestlers will be made throughout the season.