

**BIG FOOT RECREATION DISTRICT
YOUTH T-BALL PROGRAM
SUGGESTED RULES OUTLINE**

- 1) Coaches should set player equality and sportsmanship as the highest priorities.
- 2) Scores of games and season standings are not kept. The purpose of this program is to introduce children to the sport of baseball/softball through T-ball.
- 3) Games should be played for three or four innings. No more than 60 minutes. If the weather is hot or rainy, games can be shortened.
- 4) T-Ball will stand in a stationary position and hit the ball from a stationary tee for entire season (5 & 6 year olds).
- 5) Each team bats all players present for the game each inning. Bunts are not allowed.
- 6) Bases are placed approximately 40'-45' apart.
- 7) The "First Base Out Rule" is in effect.
- 8) Base runners must remain on base until ball is hit.
- 9) After the ball is hit, take one base at a time to start (last three weeks – if they can stretch a double, let them.)
- 10) If the batter is out, they will remain on the base to learn how to run the bases.
- 11) A side is retired when all players have batted once.
- 12) All players are required to bring their own baseball glove.
- 13) Coaches should position one (1) offensive coach at the plate and the other parent coaches at all of the bases. Defensive coaches should also station themselves in the field. Coaches should keep players away from the batters and the backstop area in general. Care should be taken to quickly remove the tee from home plate area immediately following hits. No catchers will be used in this league for safety concerns.
- 14) Coaches are not to leave the game or practice until all players have been picked up.

QUICK REMINDERS:

- Be at location 15 minutes prior to all practices and games.
- Keep on-deck and other players away from the home plate area.
- Rotate players using the rotation chart.
- Contact the BFRD with any questions.
- Keep your players informed of any schedule changes of any kind.
- The Recreation office will call Rainouts after 3:30 p.m. the day of the game.**
- Call 275-2117 (menu option #9) ext. 8900 for updated information after 4:00 p.m. Make sure that all players are contacted and informed.**