

BIG FOOT RECREATION DISTRICT COACH PITCH PROGRAM SUGGESTED RULES OUTLINE

- 1) Coaches should set player equality and sportsmanship as the highest priorities.
- 2) Scores of games and season standings are not officially kept. These kids can count, and learning how to win and lose is part of sports. The purpose of this program is to smoothly transition these players from coach pitch to the sport of baseball/softball.
- 3) Games should be played for three innings, and not exceed 60 minutes. If there is time to get another full inning in before the 60 minutes, it is at the coach's discretion. If the weather is hot or rainy, games can be shortened.
- 4) The Coach will pitch the ball for their own players in the games and in practice. If a batter does not hit the ball after 5 hittable pitches, have the player will hit from a tee. (provided for the games)
- 5) Each team bats all players present for the game each inning. Bunts are not allowed.
- 6) Bases are placed approximately 45' apart.
- 7) The "First Base Out Rule" is in effect. If the batter is out, they will not run the bases. Be sure to congratulate the other team for a job well done.
- 8) Base runners must remain on base until ball is hit. No lead offs or stealing.
- 9) After the ball is hit, the runners may take one or more bases at a time. There is no limit to base running in Coach Pitch.
- 10) A side is retired when all players have batted once.
- 11) All players must provide their own baseball glove.
- 12) Coaches should position one (1) offensive coach at the plate and the other at the pitching mound. Defensive coaches should also station themselves in the field and behind the plate as a catcher. Coaches should keep players away from the batters and the backstop area in general. Catchers will not be used in this league for safety concerns.
- 13) Coaches are not to leave the game or practice until all players have been picked up.

QUICK REMINDERS:

- Be at location 15 minutes prior to all practices and games.
- Keep on-deck and other players away from the home plate area.
- Rotate players using the rotation chart.
- Contact the BFRD office with any questions.
- Keep your players informed of any schedule changes of any kind.
- **The Recreation office will call Rainouts after 3:30 p.m. the day of the game.**
- Call 275-2117 (menu option #9) ext. 8900 for updated information after 4:00 p.m. Make sure that all players are contacted and informed.**